

# HOW TO: COMPOST WITH PROJECT OSCAR

## Boston's Community Compost Bins

Whether you are a first time composter or a seasoned pro- you need a plan for composting your household's food waste!

### STEP 1: FIND A KITCHEN FOOD SCRAP CONTAINER

Store food scraps in a closed lid container. It's convenient to have your container close to where you produce food waste. Keep your container on your kitchen countertop, near your trash can, or in your freezer. You will bring your food scrap container to your local bin, so make sure it is easy to carry.



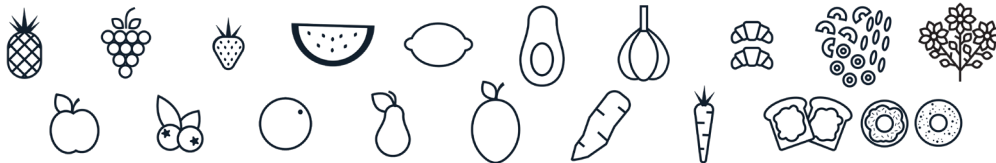
#### Some good options for kitchen food scrap containers include:

- Countertop Containers
- Sealed tupperware
- Small sealed storage containers
- 5 gallon paint bucket with lid (This may be the best option if you live with roommates)

Do a bit of research to find what the best option is for your household. A quick web search of "kitchen food scrap container" will show many different options.

### STEP 2: START COLLECTING FOOD SCRAPS

There is a full list of what is accepted below. Post the list on your fridge for everyone to reference!



### STEP 3: BRING YOUR FOOD SCRAPS TO YOUR LOCAL OSCAR BIN

If you would like, you can line your food scrap container with BPI Certified compostable bags. These are available online and in most hardware/grocery stores. When your bin is full, bring your food scraps to your neighborhood's bin. Open the top lid and dump them in. Make sure you clean up any spills or debris that may occur when you are dropping off your scraps!

### STEP 4: WASH YOUR BIN



When you return home from dropping off your food scraps, wash your bin in the sink. Put a little bit of dish soap inside, and rinse a few times with warm water. Throw a bit of baking soda in the bottom of your bin to freshen it up!

### STEP 5: GIVE YOURSELF A PAT ON THE BACK

You are making good use of food scraps by sending them back into the earth. You're doing your part to reduce the amount of waste sent to landfills. You're helping the environment by enriching the soil, giving new plants nutrients to grow! Go you!



### REPEAT STEPS 2 THROUGH 6 EACH WEEK

If you have any questions, visit us at [boston.gov/compost](http://boston.gov/compost).

# COMPOSTABLES ACCEPTED AT PROJECT OSCAR BINS

Here is the list of food waste items you can drop off at your local bin. It is important to only include these items, so farmers can make the best compost!



## YES PLEASE!

- Fruit and vegetable scraps (no stickers please)
- Egg and egg shells
- Nuts and Nutshells
- Grains: rice, pasta, cereal, bread
- Pastries and cookies
- Coffee grounds and coffee filters
- Tea bags (no staples please)
- Cut or dry flowers
- Napkins, paper towels, paper plates
- Cardboard take out containers
- Wine corks
- Wooden coffee stirrers
- Compostable plastic bags



## NO THANKS!

- Meat
- Fish
- Bones
- Cheese
- Fats, grease, and oils
- Pet waste
- Charcoal
- Yard Waste
- Dryer lint or sheets
- Styrofoam
- Plastic bags

